

If you are bullied:

Ask them to stop

Tell them to go away

Ignore them

Walk away

TELL SOMEONE!

DON'T

Do what they say

Get angry and upset

Hit them

Think it's your fault

Hide it.

Tell someone!



Inspiring learners for life

Child Friendly Anti Bullying

Policy



What is Bullying?

In our school, a bully is someone who chooses to hurt another person more than once, by using behaviour which is meant to hurt, frighten or upset another person.



Emotional - Hurting people's feelings, leaving people out, laughing at them.

Physical - Punching, kicking, hitting

Verbal - name calling, teasing, swearing,

Racist - name calling because of where you come from or the colour of your skin.

Online - saying unkind things via texts, emails, online gaming or other social media sites such as Facebook, Twitter, Instagram.



All adults at Cuddington Primary will treat bullying seriously.

When is it Bullying?

S - Several

T - Times

O - On

P - Purpose

Who can I tell?



A friend, Mum/Dad

Teachers, Teaching Assistants, Mid Day Assistants

Peer Mentors